



shady grove fertility

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Refer your patients with confidence

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# Preserve future family-building options for your patients

Fertility preservation is a proactive step in family planning that allows patients to safeguard their ability to conceive when the timing is right.

At Shady Grove Fertility (SGF), we specialize in partnering with healthcare providers to offer evidence-based solutions and seamless care for patients considering egg freezing.

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## Seamless, collaborative care

From initial consultation to treatment planning, SGF partners with you to provide expert fertility care for our shared patients. Our commitment to excellence ensures they receive compassionate support at every step.

## Empowering patients together

Let's collaborate to provide comprehensive fertility care that helps patients take proactive steps toward their reproductive goals. Contact us today to explore how we can support your practice and patients.

Explore recent fertility preservation research →

## Proactive planning for future conception

Understanding the circumstances that may warrant a fertility preservation referral can empower you to provide comprehensive care and support for their reproductive health.

At SGF, we partner closely with referring providers to ensure seamless coordination of care, from initial consultations to treatment planning. Together, we can guide your patients through their fertility preservation journey with personalized support and evidence-based solutions.

## Who can benefit from fertility preservation?

### Reproductive age women who are not planning to conceive soon

Fertility preservation is a valuable option for women who may wish to delay pregnancy and family-building to focus on their education, career trajectory, or finding the right partner.

### Patients with a recent cancer diagnosis

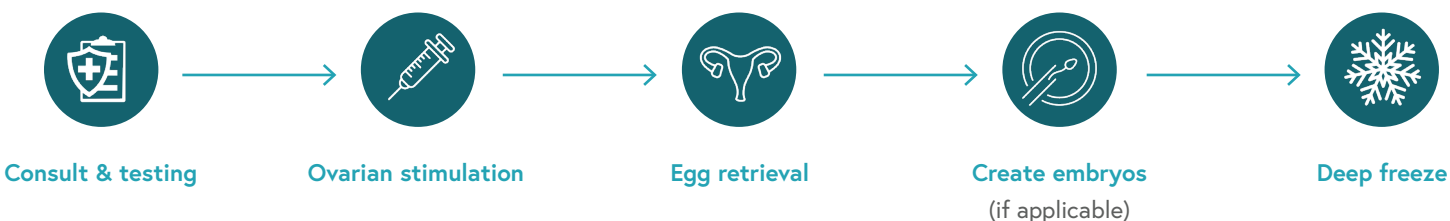
Treatments such as chemotherapy or radiation can impact fertility; timely referrals enable patients to explore preservation prior to treatment.

### Patients with other medical conditions

Conditions such as endometriosis or having a family history of early menopause may impact ovarian reserve, emphasizing the importance of proactive fertility planning.

## Egg or embryo freezing process

At Shady Grove Fertility, we pride ourselves on making the fertility preservation process as straightforward and supportive as possible. From the first consultation to the freezing of eggs or embryos, our team ensures your patients feel informed and cared for at every stage:



## Trusted partners in fertility preservation

We are proud to partner with referring providers to guide patients seeking fertility preservation. Our extensive experience allows us to offer tailored recommendations and cutting-edge treatments that align with each patient's unique needs. Our reputation as a leader in fertility preservation is built on:

- 1. Unparalleled expertise:** With published outcomes for thawed eggs, we deliver exceptional care grounded in evidence.
- 2. Advanced technologies:** Our state-of-the-art labs and innovative protocols ensure the highest success rates.
- 3. Collaborative approach:** We work closely with referring providers to deliver continuity of care for your patients.
- 4. Personalized plans:** Each patient receives a tailored care plan aligned with their reproductive goals and medical needs.



## Recent US Fertility research

A recent study conducted by US Fertility, of which SGF is a proud partner practice, analyzed 502 egg freeze-thaw cycles to determine the ideal number of eggs to thaw for maximizing blastocyst formation. Findings revealed that thawing 13 to 18 eggs achieves a comparable likelihood of producing 2 or more blastocysts to thawing more than 18 eggs. This approach offers patients a more conservative thawing strategy, helping preserve reproductive options for future use.

For patients considering egg freezing, this research reinforces the importance of individualized care plans. While the number of eggs to freeze depends on factors like age, ovarian reserve, and family-building goals, this study helps set realistic expectations for outcomes.

By integrating these insights into our fertility preservation protocols, Shady Grove Fertility empowers patients to take proactive steps toward their reproductive goals with greater confidence and clarity. Together, we ensure that their journey is grounded in the most advanced research and compassionate care.