

# REFERRAL FORM

## REQUIRED INFORMATION - PLEASE WRITE CLEARLY

\_\_\_\_\_  
Patient Name

\_\_\_\_\_  
Clinical History/Reason for Referral

\_\_\_\_\_  
Referring Physician

\_\_\_\_\_  
Referring Physician Signature

### NEW PATIENT REFERRAL

- Infertility
- Egg Freezing
- LGBTQ Family Building
- OncoFertility
- Inherited Genetic Disease Prevention

### TESTING SERVICES

- Semen Analysis

### FOR SEMEN ANALYSIS ONLY

\_\_\_\_\_  
Male Patient Name

\_\_\_\_\_  
Date of Birth

\_\_\_\_\_  
Partner Name

\_\_\_\_\_  
Date of Birth

\_\_\_\_\_  
Diagnostic Codes

\_\_\_\_\_  
Date of Referral

\_\_\_\_\_  
Referring Physician Fax

\_\_\_\_\_  
Referring Physician Phone

*Test results will be provided to referring physician via fax.*

## TO SCHEDULE YOUR APPOINTMENT

**For new patient consults, call: 888-348-5599 For semen analysis, call your local office.**

For testing in Richmond, VA, please obtain Richmond-specific semen analysis referral.

## INSURANCE PARTICIPATION

- |  |  |  |
|--|--|--|
| <ul style="list-style-type: none"> <li>• Adventist Healthnet</li> <li>• Aetna</li> <li>• Anthem Blue Cross Blue Shield</li> <li>• Anthem HealthKeepers*</li> <li>• CareFirst Administrators</li> <li>• CareFirst Blue Cross Blue Shield of D.C.</li> <li>• CareFirst Blue Cross Blue Shield of Maryland</li> <li>• CareFirst BlueChoice HMO*</li> <li>• CareFirst National Capital Area</li> <li>• ChoiceCare Network/Humana</li> <li>• Cigna</li> <li>• Coventry Healthcare National</li> </ul> | <ul style="list-style-type: none"> <li>• Network (Formerly First Health)</li> <li>• Norizon Blue Cross Blue Shield of New Jersey</li> <li>• Johns Hopkins EHP</li> <li>• Kaiser*</li> <li>• Meritain Health</li> <li>• Multiplan Network</li> <li>• OneNet PPO</li> <li>• Optum Healthcare</li> <li>• Progyny*</li> <li>• Tricare/Humana Military*</li> <li>• United Healthcare</li> <li>• United Healthcare Oxford</li> <li>• MDIPA/Optimum Choice</li> </ul> | <ul style="list-style-type: none"> <li>• United Resource Network*</li> <li>• Veterans Choice PCCC</li> </ul> |
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### RICHMOND INSURANCE

- Aetna
- Anthem Blue Cross Blue Shield of Virginia
- Cigna
- Choice Care/Humana
- Multiplan
- Optima
- Tricare/Humana Military\*
- United Healthcare

*\*This insurance carrier requires authorization and/or a referral from your primary care physician prior to your new patient visit and pre-screening. Insurance participation may vary by office or lab. Following your initial visit, our financial team will assist you in evaluating your benefits and our programs to find the best option for you.*

## SHADY GROVE FERTILITY LOCATIONS

### MARYLAND

- **ANNAPOLIS** • Belcher Pavilion, 2000 Medical Pkwy., Ste. 308, Annapolis, MD 21401 • 410-224-5500
- **BALTIMORE HARBOR** • 720 Aliceanna St., Ste. 300, Baltimore, MD 21202 • 443-825-3340
- **BEL AIR** • 201 Plumtree Rd., Ste. 201, Bel Air, MD 21015 • 410-569-0545
- **COLUMBIA** • Century Plaza 1000, 10630 Little Patuxent Pkwy., Ste. 305, Columbia, MD 21044 • 410-997-6999
- **FREDERICK** • Aspen Ridge Ctr., 165 Thomas Johnson Dr., Ste. F, Frederick, MD 21702 • 301-631-1180
- **ROCKVILLE** • 9601 Blackwell Rd., 4th Floor, Rockville, MD 20850 • 301-340-1188
- **TOWSON** • Dulaney Center II, 901 Dulaney Valley Rd., Ste. 616, Towson, MD 21204 • 410-512-8300
- **WALDORF** • 3010 Crain Hwy., Ste. 201, Waldorf, MD 20601 • 301-512-8300

### VIRGINIA

- **ARLINGTON** • 901 N. Stuart St., Ste. 610, Arlington, VA 22201 • 703-574-3772
- **FAIR OAKS** • 12011 Lee Jackson Mem. Hwy., Ste. 302, Fairfax, VA 22033 • 703-246-0500
- **FAIRFAX** • 8501 Arlington Blvd., Ste. 500, Fairfax, VA 22031 • 703-876-0734
- **FREDERICKSBURG** • 200 Executive Center Pkwy., Ste. 102, Fredericksburg, VA 22401 • 540-779-0132
- **LEESBURG** • 19500 Sandridge Way, Ste. 280, Leesburg, VA 20176 • 410-224-5500
- **RICHMOND - HENRICO** • Sarah Cannon Cancer Institute, 7607 Forest Ave., Ste. 400, Richmond, VA 23229
- **RICHMOND - STONY POINT** • 9030 Stoney Point Pkwy., Ste. 450, Richmond, VA 23235
- **WOODBIDGE** • 13580 Groupe Drive, Ste. 105, Woodbridge, VA 22192 • 703-680-1770

### WASHINGTON, D.C.

- **K STREET** • 2021 K St. NW, Ste. 701, Washington, D.C. 20006 • 202-296-2595
- **SIBLEY** • Sibley Medical Building, 5215 Loughboro Rd. NW, Ste. 410, Washington, D.C. 20016 • 202-667-4720

### SATELLITES (semen analysis testing not available)

- **DULLES-ALDIE** • 24430 Stone Springs Blvd., Ste. 345, Dulles, VA 20166
- **GLEN BURNIE** • Aiello Breast Center, 203 Hospital Dr., Ste. B100, Glen Burnie, MD 21061
- **HAGERSTOWN** • 1165 Imperial Dr., Ste. 200, Hagerstown, MD 21740
- **SALISBURY** • 1647 Woodbrooke Dr., Salisbury, MD 21804
- **SILVER SPRING** • Third Space Wellness, 8001 Kennett St., Ste. B, Silver Spring, MD 20910
- **WESTMINSTER** • 844 Washington Rd., 3rd Floor, Westminster, MD 21157

## SEMEN COLLECTION PROTOCOL

- Semen analyses are available by appointment only Monday through Friday. Call your local full-service office for schedule your appointment.
- Fresh semen specimens are to be collected via masturbation only, not via withdrawal during intercourse or oral stimulation. If the specimen can only be collected via intercourse, a special non-lubricated collection condom must be used. Collection condoms can be purchased from our offices.
- There should be 3 to 5 days of abstinence from ejaculation prior to the ejaculation for the semen analysis.
- The use of lubricants is prohibited as they may interfere with sperm motility.
- A limited number of collection rooms are available in some offices. Please ask for availability when making your appointment.
- If specimens are collected at home, please obtain a sterile, dry polypropylene container with a lid prior to the semen analysis (a sterile urine specimen container is also acceptable). The containers can be obtained from the office.
- A government issued photo ID must be presented by whomever delivers the sample.
- Specimens collected off-site should be delivered to our facility within 2 hours of collection, and the container should be shielded from extreme hot or cold temperatures.
- Semen analysis results usually take 3 to 5 business days. Results can only be provided to the referring physician. Contact your referring physician to obtain a copy of your test results.
- Please include this referral when dropping off your sample.

**Thank you in advance for your cooperation.**