



FERTILITY UPDATE

SHADY GROVE FERTILITY

Identifying Egg Freezing Patients for Fertility Preservation

Egg freezing for Fertility Preservation allows women to extend their family building years. As this technology and its outcomes continue to evolve and improve, so does interest in accessing this exciting option. Since vitrification (egg freezing) technology emerged in 2009, the number of women seeking treatment has doubled year over year, largely due to increased awareness among women, and the lifting of the experimental label by the

American Society of Reproductive Medicine. This year alone we are on track to perform over 300 egg freezing treatment cycles. Physicians are the most trusted source of medical information, therefore, we believe there is value in providing you with ongoing updates, given the newness of the treatment and outcome data. The charts below give an overall snapshot of the patient screening process at Shady Grove Fertility.

1 Identifying Egg Freezing Candidates

What to Look for at the Annual Visit:

- Women ages 30-40, ideally in her early to mid 30s for optimal pregnancy rates.
- Women with no intention to conceive in the near future.
- Women with a family history of premature ovarian failure or early menopause.
- Women with significant ovarian pathology or medical diagnoses, such as cancer, endometriomas, or dermoids, which are expected to impair fertility.

Referrals to Shady Grove Fertility:

- For women meeting any of the above criteria and who are interested in egg freezing, referral is suggested.

2 Ovarian Reserve Testing at SGF

Appointment 1: Ovarian Reserve Testing

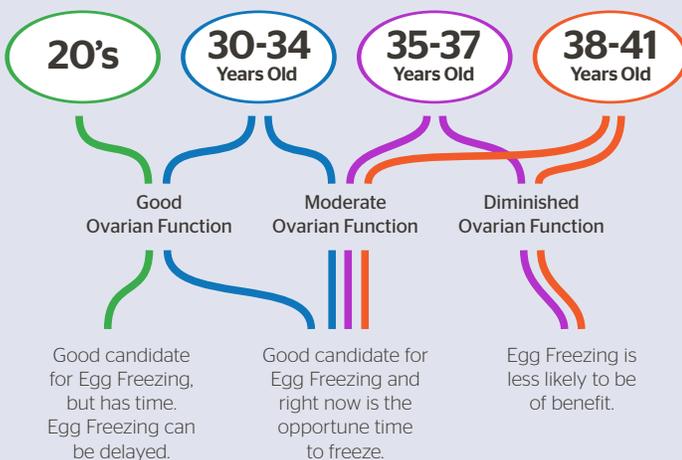
The ideal time to freeze is while ovarian function is normal.

- Antral Follicle count (AFC) via ultrasound,
- Anti-Müllerian hormone (AMH) level.

Appointment 2: Results Review & Recommendations

After testing is completed, egg freezing candidates meet with a Shady Grove Fertility physician to determine appropriate path based on age and ovarian function.

3 Recommendations Based on Test Results



**These are general recommendations.*

4 Insurance Coverage & Financial Options

Insurance Coverage for Testing & Consultation:

Approximately 90 percent of women with insurance have coverage for initial diagnostic testing. If insurance does not cover the work-up, ovarian reserve testing and the consultation with a Shady Grove Fertility physician is \$325.

Financial Options for Egg Freezing:

- Flat Fee
- Discount Program
- Guarantee Program

Financing Available:

Fertility finance offers competitive rates for egg freezing patients. They have a simple application process with a 24 hour response.

