

EGG FREEZING AT SHADY GROVE FERTILITY

Egg Freezing Outcomes Improve

In 2012, the American Society for Reproductive Medicine (ASRM), lifted their experimental classification on egg freezing. Frozen egg technology, called vitrification, has steadily improved, and the post-thaw pregnancy outcomes at SGF have been reassuring. A recent report published by the ASRM examined nearly 1,000 published papers showing frozen eggs are yielding successful pregnancies and healthy babies comparable to in vitro fertilization (IVF) using fresh eggs.¹

IVF pregnancy outcomes using frozen eggs are dependent on the quality of the eggs when frozen; therefore the ideal age for women to freeze is their **early to mid 30s**.

Frozen egg success rates have been as good as the best prognosis, age related, IVF patients.

Indications for Egg Freezing

- Women between the ages of 30 - 40, ideally in her early to mid 30s, who want to preserve their fertility or anticipate delayed conception.
- Women with a family history of premature ovarian failure or early menopause.
- Women with significant ovarian or medical diagnoses, such as cancer, which are expected to impair fertility.

Women outside the age criteria may not be ideal candidates. Why? Most women in their 20s have a number of years before their fertility may decline significantly; whereas, women ages 40 and over, may have already experienced decreased fertility and are less likely to benefit from egg freezing.

REFERRALS FOR EGG FREEZING

Patients interested in learning more about egg freezing may **call 1.877.985.2266**.

References:

1. Pfeifer et al. *Fertil Steril*. 2013 Jan; 99 (1): 37-43

Testing & Egg Freezing Process

If a patient decides to freeze her eggs, it will take between six to eight weeks to complete an egg freezing cycle.

Step 1: Ovarian Testing

The tests used to determine ovarian reserve are:

- antral follicle count (AFC) via ultrasound,
- day 3 bloodwork measuring follicle stimulating hormone (FSH), estradiol (E2), and lutenizing hormone (LH), and anti-mullerian hormone (AMH) level.

Step 2: Ovarian Stimulation

Once a patient is ready to start her fertility preservation cycle, we may recommend a short course of birth control pills followed by 8 - 12 days of ovarian stimulation. During ovarian stimulation, the patient will have monitoring appointments to track egg development.

Step 3: Retrieval

After the stimulation phase is complete, the eggs are retrieved. The egg retrieval process takes approximately 20 minutes and is performed in one of our three surgery centers.

Step 4: Freezing

Once retrieved, eggs are frozen using vitrification technology and stored in our cryopreservation laboratory.

Patient Access and Affordability

Shady Grove Fertility is dedicated to providing patients with financial options making treatment more affordable.

Insurance

Shady Grove Fertility participates with over 30 insurance providers.

Discount Pricing

Women undergoing more than one cycle will receive a discount on subsequent cycles.

Financial Package Guarantee (Assure Fertility)

The Assure Fertility financial program provides the option to pay one flat fee for up to four rounds of treatment or 20 mature eggs.





FERTILITY UPDATE

SHADY GROVE FERTILITY

EGG FREEZING AT SHADY GROVE FERTILITY

Egg freezing is an increasingly popular method empowering women to take control of their fertility.

- **Ideal Candidate:** Women between the ages of 30-40, **ideally early to mid 30s** or with premature ovarian failure or early menopause.
- **Ovarian Testing:** Shady Grove Fertility offers a specialized program featuring a **streamlined testing process** to measure ovarian function and egg quality.
- **Latest Technology:** **Cutting edge vitrification technology**, also known as fast freezing, has improved egg freezing thaw rates.
- **Patient Access:** Shady Grove Fertility participates with **over 30 insurance plans**.
- **Affordability Options:** **Multiple financial programs** and discounted medications available for egg freezing patients.

IVF outcomes using frozen eggs are optimized when women freeze eggs in their early to mid 30s.

[Guidelines for Egg Freezing Inside >](#)

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