

Frequently Asked Questions about Egg Freezing

As Egg Freezing Increases in Popularity, Physicians Turn to SGF for Answers

Given the advances made in egg freezing technology, Shady Grove Fertility has seen an 83 percent growth in their egg freezing program since 2013. As a result, the conversation is becoming more common with more women than ever asking the question "should I freeze my eggs?"

For the OB/GYN community, this means their patients are asking more questions than ever as they begin to explore if egg freezing is right for them.

WHAT IS THE IDEAL AGE FOR EGG FREEZING?

Women between the ages of 30 to 40, specifically early- to mid-30s, are the ideal age to freeze their eggs.

WHAT FACTORS BEYOND AGE WOULD WARRANT A REFERRAL FOR EGG FREEZING?

Factors that warrant a referral for egg freezing sooner than their age would suggest include women with a:

- family history of premature ovarian failure or early menopause
- recent cancer diagnosis
- diagnosis of endometriosis
- significant ovarian pathology or medical diagnoses, such as endometriomas or dermoids

HOW LONG CAN EGGS BE FROZEN BEFORE THEY ARE NO LONGER VIABLE?

Eggs frozen with vitrification technology are suspended in time. As a result, eggs can be frozen indefinitely.

DOES INSURANCE GENERALLY COVER THE COST OF EGG FREEZING?

Shady Grove Fertility participates with over 30 insurance companies, the majority of those companies provide coverage for baseline fertility testing and the follow up consultation. In fact, 90 percent of patients who have insurance have full or partial coverage for testing and consultation.

IF INSURANCE ISN'T AN OPTION, HOW MUCH IS TESTING AND THE INITIAL CONSULTATION?

Testing and the provider consultation is \$325 for Shady Grove Fertility patients paying out of pocket.

ARE THEIR FINANCIAL PROGRAMS FOR WOMEN CHOOSING TO FREEZE THEIR EGGS?

Yes, there are several financial programs designed to make egg freezing more accessible to patients. Programs include:

FIRST CYCLE WITH 5 YEARS STORAGE

This program combines a discounted egg freezing cycle with long-term (5 years) storage, and the ability to finance it all for as low as \$195/month (depending on credit and length of term).

EGG FREEZING DISCOUNT PROGRAM

This program offers women a treatment discount for each subsequent cycle they may need to reach their desired number of frozen eggs. The cost of each cycle covers monitoring appointments, the egg retrieval, and cryopreservation.

- First cycle: \$7,500
- Second cycle: \$6,000
- Third cycle: \$5,500
- Fourth cycle: \$5,000

ASSURE FERTILITY

Similar to the Shared Risk 100% Refund Program, the Assure Fertility program guarantees either a certain number of eggs or cycles, whichever comes first. The program includes the cost of monitoring appointments, the egg retrieval, cryopreservation, and the first year of storage.

- Assure 20: \$12,500 with a \$4,000 refund option for patients who reach 20 mature eggs or wish to discontinue egg freezing following her first cycle
- Assure 30: \$18,000 with a \$4,000 refund option for patients who reach 30 mature eggs or wish to discontinue egg freezing following her first cycle

IS FINANCING AVAILABLE?

Yes, Shady Grove Fertility has partnered with Fertility Finance to give patients undergoing treatment a financing option. Patients benefit from their easy loan process, competitive rates, and a wide variety of loan options, giving patients the necessary financing required to make their treatment affordable. Each loan program is designed to fit each patient's individual circumstances and needs.

Egg Freezing at Shady Grove Fertility

Egg freezing is an increasingly popular option that empowers women to take control of their fertility.

Ideal Candidate: Women between the ages of 30 to 40, ideally early- to mid-30s or with premature ovarian failure or early menopause.

Ovarian Testing: Shady Grove Fertility offers a specialized program featuring a streamlined testing process to measure ovarian function and egg quantity.

Success Rates: Women who freeze the recommended number of eggs have a 70 to 80% chance of taking home at least one baby.

Patient Access: 90% of patients with insurance have coverage for fertility testing and physician consultation.

Affordable Options: Multiple financial programs available, including a new monthly payment option, to meet the various needs of egg freezing patients.

LOOK INSIDE: FAQs FOR PHYSICIANS ABOUT EGG FREEZING ►

"Egg freezing is an amazing back-up plan. A patient's eggs are there if they need to use them in the future."



SHANA PERMAN, PA-C.
WASHINGTON, D.C.
K STREET

1.888.348.5599

Refer Your Patients with Confidence

SHADY GROVE FERTILITY